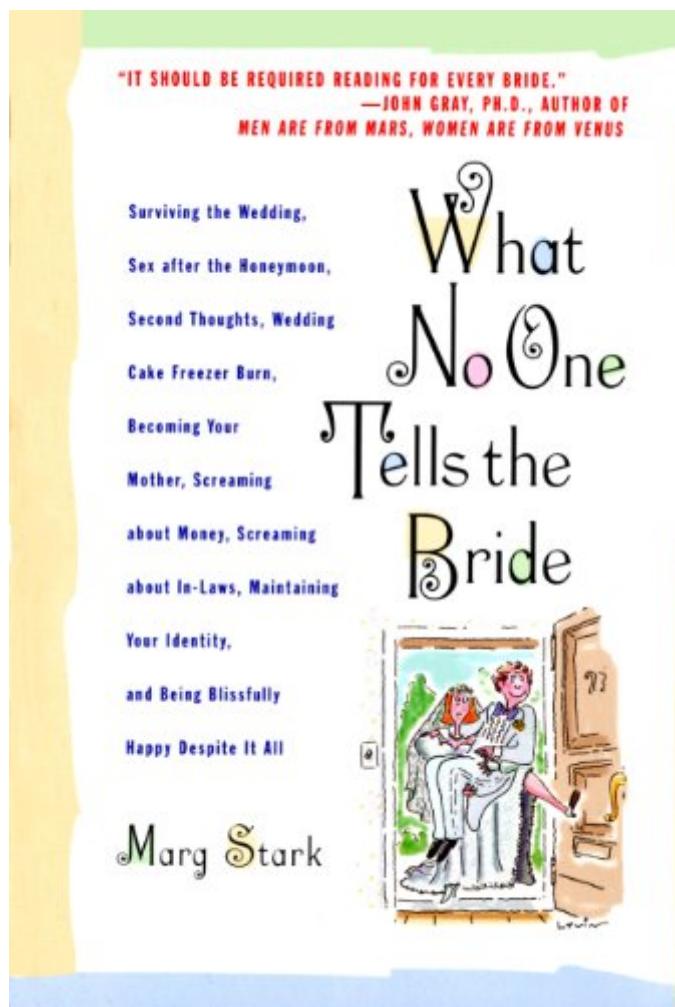


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# What No One Tells The Bride: Surviving The Wedding, Sex After The Honeymoon, Second Thoughts, Wedding Cake Freezer Burn, Becoming Your Mother, Screaming ... And Being Blissfully Happy Despite It All





## **Synopsis**

What No One Tells the Bride is the inside scoop--good and bad--on what it's really like being married. In these pages, journalist Marg Stark breaks the newlywed code of silence and exposes the profound adjustments brides often experience. Stark and 50 married women tell their stories--showing others how to handle turbulence on cloud nine--and reveal marital truths, such as: You don't feel like a "Mrs." Sometimes you even dream about old boyfriends. You write all the wedding gift thank-you notes. So you are doomed to your mother's life--60 years of doing more than your share? Making love is the last thing on your mind when you have the flu and haven't showered for days. But he still wants to. You tell him you got these incredible bargains and quietly resent having to justify your spending. You have shining moments when marriage feels absolutely right, but nevertheless you pine for something more. Humorous and compassionate--with advice from marriage counselors, ministers, financial advisors, and sex therapists--What No One Tells the Bride is not only a practical guide for every newly married woman, it also makes the perfect wedding shower gifts.

## **Book Information**

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## Customer Reviews

I purchased this book on the recommendation of my best friend (a newlywed) when my boyfriend and I started preliminary discussions about "the future." A fiercely independent, practical, 25 year-old, I was looking for some insight into the feelings, worries, and expectations associated with early engagement and marriage. I was amazed by this book. Thank goodness for Marg Stark! Stark's insightful, frank text is intended for female newlyweds, brides-to-be, or women considering "taking the plunge" who want to get some insight into the ups and downs of marriage. Written from the perspective of Stark (a writer/newlywed) and based on interviews with 50+ recently married women, this book covers everything from mourning the loss of singlehood, to addressing and overcoming the money/power dynamic, to finding fulfillment in sharing your life with another person - while still maintaining your independence. So many books out there are about "Planning Your Dream Wedding." However, this book gracefully avoids talk of wedding (except in two of the early chapters), instead concentrating on the time after the honeymoon. Engagement and marriage is a difficult time. Not only must a bride deal with the pressure of a wedding, but also the joy/dramas associated with sharing her life with someone else. Often times, this happens at the same time a bride is trying to earn a living, raise children, go to school, find a new apartment, etc. With each chapter, Stark chips away the stereotypes associated with brides and marriage. Brides don't have to plaster on a smile all the time just because they're told that "this is the happiest time of your life." Marriage can be fun and sexy. Also, the book carefully avoids the declarative feel of a "how to" book.

I received this book as a gift before I got married almost two years ago and I have not seen anything quite like it since then. It is humor-filled and easy to read. A welcome distraction from the stress of planning a wedding. It is a great book for newly engaged or newly married women. When I got married, many of my friends had already taken the plunge. They all acted as if life was a fairytale and gave me no warning that my trip down the aisle would be anything but perfect and blissful. By reading this book I came to understand that weddings and marriage are just like anything else in life - there are bound to be some problems, but you can work through them and they don't have to ruin all the wonderful things about getting married. Understanding that made it much easier to deal with. This book demystifies the engagement and wedding and the early years of marriage. By reading this book I was comforted in knowing that I was not alone in some of my experiences. I never had any doubt that I wanted to marry my husband but reading this book was helpful because I was able to relax and let go of some of my anxiety about marriage. Many phenomena that were confusing to me were explained in this book in an easy to understand and humorous way. Marg also gives some

great, simple and common-sense advice about beginning a marriage that everyone can use. My husband also found comfort in many of the book's revelations. The author's experience was as an independent, older bride, however, much of her advice and information is relevant to brides of all ages and backgrounds.

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